

# TOP SEVEN VIEWS



Glengarriff is well known for its natural beauty. Here are some locals insiders' tips on how to reach the best outlooks and vistas and where to shoot the best photos of the area. See the brochure *Walking in Glengarriff* for more information.

## 1. TOP OF SUGAR LOAF MOUNTAIN.

You will have to work hard for this one, but once you reach the top of Glengarriff's most popular mountain on a fine day you will be rewarded with 360 degree panoramic views across Caha Mountain range and Bantry Bay. Unrivalled.

## 2. OLD ROAD BELOW COB DUBH

Walking the old mountain road south-east of Glengarriff high above the N71 road stretching between Coomhola and Dromgarriff provides you with the best vistas of Garnish Island and Glengarriff Harbour. Spectacular views of Glengarriff village and the adjoining basin of the Glen. Best time: mornings and evenings.

## 3. OUTLOOK ALONG THE CAHA PASS N71

These destinations have easy access by car or for road walkers on foot via the Glen and Rosnagreena.

Panoramic views of "The Rugged Glen", Barley Lake, nestled in the Caha Mountains across and Bantry Bay.

## 4. LADY BANTRY'S LOOKOUT

Locally known as "Fhail na geat" (the cliff of the cats), Lady Bantry's Lookout is well worth the short but steep climb to the top of a big rock. Access the steps to the lookout via the car park in Glengarriff Nature Reserve or via the Coomerkane road. From the top you can appreciate the full beauty of the Nature Reserve, the Caha Mountains and Glengarriff Harbour.

## 5. SEAL POINT AT BLUE POOL HEAD (POUL GORM)

Destination for a pleasant afternoon stroll. Walk to the Bue Pool Ferry point, keep walking towards the Head of the Blue Pool Peninsula to Seal Point with its marvellous outlook over the waters and islets of Glengarriff Harbour. If the tide is out you may spot the harbour seals resting on the rocks below you.

## 6. CARRIGROUR HIGH ABOVE THE ECCLES HOTEL

Take the road to the right of the Hotel. At the crossroads you can opt for either direction. Road to the left leads you up to Carrigrou, keeping straight brings you into Rosnashunsoge. As vegetation has grown over past years walk up as high as needed to sneak a peek of fabulous Bantry Bay. Be prepared for a tough hike. Rewards guaranteed on clear days.

## 7. MARTELLO TOWER ON GARNISH ISLAND

The near island, famous for its Italian gardens and the rich collection of trees and shrubs from all over the world, offers great views as well. Climb the top of the Martello Tower to obtain panoramic views of the inner harbour, Castle area and the surrounding mountains from within the bay.



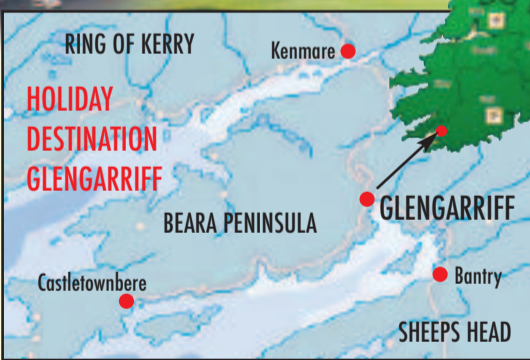
## Glengarriff is ideal as a centre for touring the delightful places of West Cork

The Beara Peninsula is on our doorstep offering some of the most spectacular scenery anywhere in Ireland. The Ring of Beara is the route that takes in all of the area through Adrigole, Healy Pass, Lauragh, Eyeries, Allihies, Dursley Island and the fishing port of Castletownbere.

South of Glengarriff lies the bustling town of Bantry and the Dunmanus Peninsula. Tour the area via the Goats Path or take to the countryside on the Sheeps Head Way. Travel north via the Caha Pass to County Kerry and stop at Kenmare winner of Ireland's Tidiest Town Award, with its many restaurants and cafés together with some interesting places to see on the town's Heritage Trail.

Eastward, to the Lee Valley, can be found Gougane Barra. Imagine a secluded enchanting valley with a lake and island church at the centre of it, all surrounded by steep wooded slopes that seem to rise to the heavens.

At the end of your day's outing, nothing for it but to return to Glengarriff and make plans for tomorrow!



**Where to stay:** Glengarriff has a wide range of accommodation offering a choice of Hotels, B&Bs, self catering houses, caravan and camping and hostels.

**Where to eat:** West Cork is the home of good food. The quality and choice available within Glengarriff will surely please every palate.

**Shopping:** Glengarriff is a shoppers dream! Local shops, large or small, offer a magnificent range of products. Knitwear, crystal, fashions, leatherwork, pottery, woodwork, china and books with prices to suit all pockets. Non EU customers avail of Tax Free Shopping.

**Entertainment:** Lively traditional music in the local bars nightly and open air events at weekends.

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# RARE FAUNA & FLORA

Glengarriff enjoys a rich abundance of natural habitats with high biodiversity. These areas offer the opportunity to watch scarce species of wild animals and to spot rare flora. Local people appreciate the natural treasures of the area and ask visitors to treat the natural habitats and their inhabitants with caution and respect.

## Rare fauna

Most of the following species are not rare in Ireland itself, but Glengarriff holds internationally important populations which is why they are listed in Annex II of the European Habitats Directive.

• Common or harbour seal (Glengarriff is home to one of the largest colonies of harbour seals in Ireland) • Porpoise • Otter • Lesser Horseshoe Bat • Freshwater Pearl Mussel

## Exclusive to West Cork & Kerry

• Kerry Slug • Downy Emerald Dragonfly

## Rare and scarce birds

• Peregrine Falcon • Short-eared Owl • Barn Owl • Kingfisher • Common Tern • Arctic Tern • Little Egret • Hen Harrier (winter visitor) • Chough (Caha Mountains and seacliffs)

## Rare Flora

Old oak woodland – Glengarriff Woods Nature Reserve covers some 300ha, with the dominant habitats being old oak woodland and young woodland which is regenerating in areas which have been cleared of non-native conifers over the last few years. The woods form one of the best examples of oceanic sessile oak woodland in Ireland, being rated second only in importance to the Killarney oakwoods.

## Red Data Book Plants

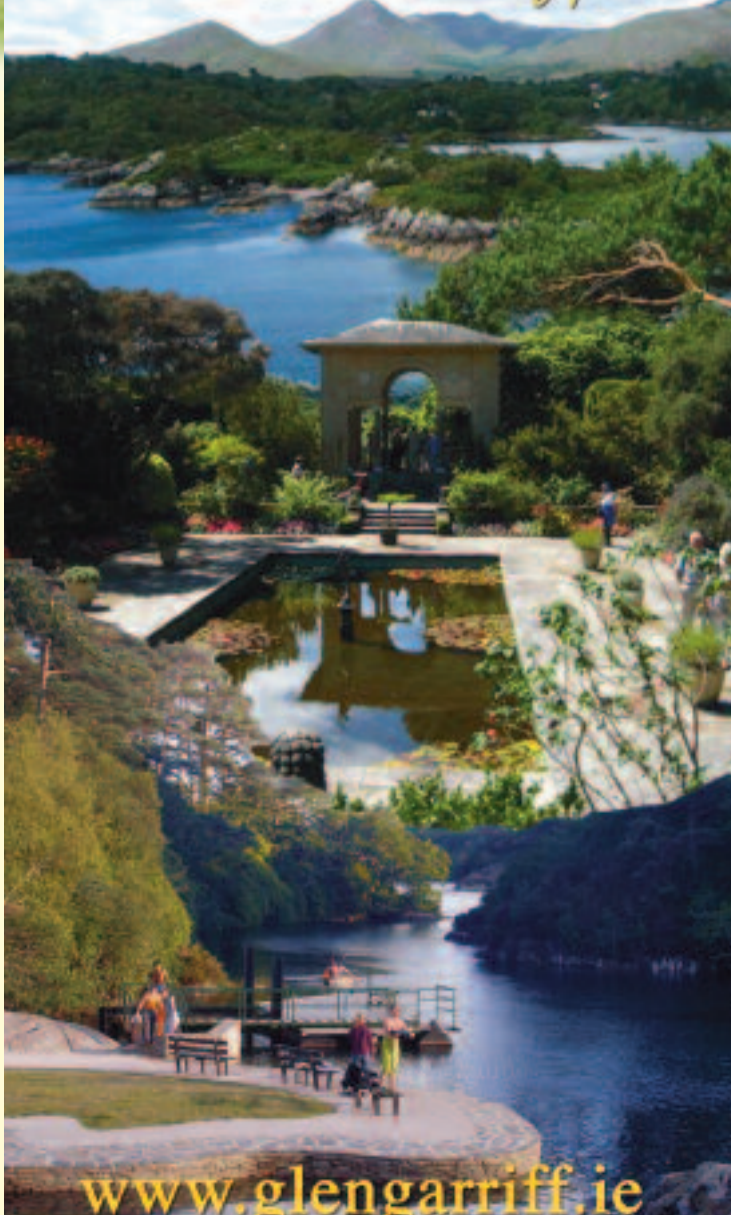
• Narrow-leaved Helleborine • Smooth Brome • Irish St. John's Wort • Irish Lady's Tresses • Recurved Sandwort • Killarney Fern

The last two species are in the Caha Mountains rather than Glengarriff. There are other Red Data Book species found on the Beara Peninsula such as Betony, Sea Kale and Kerry Lily but they are found only in the western part of Beara, west of Adrigole.

## Scarce plants exclusive to West Cork & Kerry

• Strawberry Tree • Kidney Saxifrage • Large-flowered Butterwort • Irish Spurge

# 50 THINGS TO DO IN



[www.glengarriff.ie](http://www.glengarriff.ie)

# GLENGARRIFF

## 1 ILLNACULLIN – GARINISH ISLAND

A short boat ride across the harbour, will bring you to this internationally renowned sub tropical garden paradise.

## 2 GLENGARRIFF NATURE RESERVE

Situated just outside the village, the nature reserve is one of the finest oceanic Sessile Oak woods in Ireland.

## 3 WALKING IN GLENGARRIFF

See separate brochure for a great choice of marked walks to suit all ages and abilities.

## 4 GLENGARRIFF ART GALLERIES & SHOPS

Wide variety of great art, craft, woollens, jewellery, crystal, gifts and fashion.

## 5 BLUE POOL – POULGORM

A beautiful public area in the heart of the village ideal for exploring and relaxing. It takes in the two ferries and adventure playground.

## 6 THE EWE GALLERY & SCULPTURE GARDEN

Ireland's only interactive sculpture Garden – in a magical riverside setting with bridges and waterfalls.

## 7 GLENGARRIFF BAMBOO PARK

An unique exotic garden with 30 species of bamboo, tropical plants, romantic paths and breathtaking views.

## 8 SEAL COLONY

Largest colony of harbour seals on the coast. They can be seen close up from Seal Point and on boat trips to Garinish Island.

## 9 BOAT TRIPS AND KAYAKING

Leisure boats or challenging kayaks – enquire locally.

## 10 CAHA PASS

Very scenic mountain route through tunnels to Kenmare – great views in all directions.

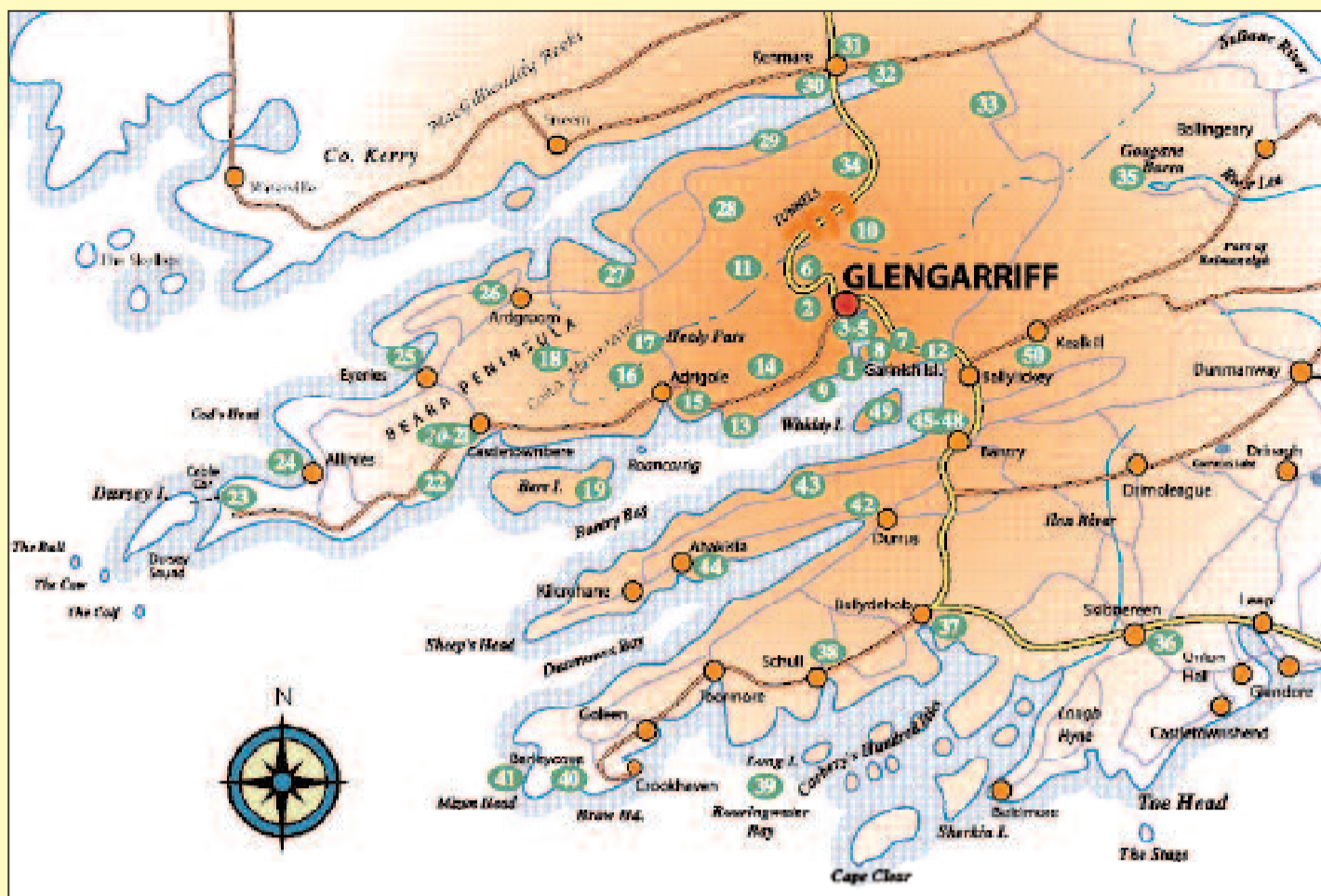
## 11 BARLEY LAKE

Spectacular corrie lake set high up in nature reserve.

## 12 GLENGARRIFF GOLF CLUB

This stunning 9-hole course offers outstanding views of Glengarriff Harbour and the surrounding mountains.

# AROUND AND ABOUT GLENGARRIFF



- 13 *Zetland Pier* – Sandy coves for swimming
- 14 *Loughavoul Lake* – Fishing in managed stock lake
- 15 *Beara route* – Drive around the most beautiful peninsula in Ireland
- 16 *Beara Way walking route* – Challenging route



- 17 *Healy Pass/Glanmore Lake* – Highly recommended scenic drive across the peninsula
- 18 *Hungry Hill Waterfall* – Highest in Ireland
- 19 *Bere Island/Yacht Marina* – Catch a ferry
- 20 *Castletownbere Golf Club* – Shoreside course
- 21 *Call of the Sea Centre* – History of fishing
- 22 *Dunboy Castle* – Ruined historic castle



- 23 *Durse Island Cable Car* – The only cable car in the country. A truly unique experience
- 24 *Allihies Coppermines and Beach* – Visitor centre
- 25 *Eyerles Village and Ogham Stone* – Colourful award-winning rural Irish village
- 26 *Ardgroom Stone Circle* – Fine example
- 27 *Dereen Gardens* – Mature woodland estate



- 28 *Gleninchiquin Waterfall and Park* – Spectacular waterfall and breathtaking scenery
- 29 *Star Outdoor Adventure Centre* – Sailing, kayaking and more, a short drive from Kenmare
- 30 *Kenmare Seafari* – The original eco cruise with seal watching
- 31 *Kenmare Heritage Centre and Town Trail* – Visit this beautiful heritage town
- 32 *Kenmare Golf Club* – 18-hole course with great views of Kenmare Bay
- 33 *Kilgarvan Motor Museum* – Vintage cars

- 34 *Molly Gallivans* – Old farm. Bonane Heritage Park with ancient sites



- 35 *Gougane Barra Forest Park & St. Finbarrs Oratory* – Beautiful mystical wooded valley
- 36 *Skibbereen Famine Heritage Centre* – History of the famine and nearby Lough Hyne
- 37 *Ballydehob Bridge Park* Shoreside park with walks, pedal boats, picnic area and playground
- 38 *Schull Planetarium* – Discover the heavens
- 39 *Roaring Water Bay* – Whale watching
- 40 *Barley Cove Beach* – The largest expanse of golden sand in the South West
- 41 *Mizen Vision Centre* – Lighthouse visitor centre on Ireland's Lands End
- 42 *West Cork Garden Trail* – Private gardens open to the public, enquire locally for details
- 43 *Sheeps Head Way* – Long distance walking
- 44 *Air India Monument* – Tranquil Memorial



- 45 *Bantry House and Armada Centre* – Unrivalled setting with views of Bantry Harbour
- 46 *Bantry Museum & Trail* – History of the town and fascinating town trail
- 47 *Bantry Golf Club* – 18-hole championship course overlooking Bantry Bay
- 48 *Indoor Leisure Centres* – Activities for all the family
- 49 *Whiddy Island* – Haven of peace and tranquility, a short ferry ride from Bantry



- 50 *Carriganass Castle / Stone Circle* – Fine example of a fortified castle in tranquil riverside setting